



Valley Pain Center
Masons Mill Park II
1800 Byberry Road, Suite 1101
Huntingdon Valley, PA 19006
phone: 215-947-7992 | fax: 215-947-7969
www.ValleyPainCenter.com

Cervical Epidural Steroid Injection

Cervical epidural injections are performed using a combination of a strong anti-inflammatory medication (STEROID) and a local anesthetic being administered into the epidural space. The epidural space is the area outside the spinal cord but inside the vertebral canal of the spinal column. This space contains nerve roots which may become injured do to many conditions including but not limited to disc bulges, herniations, stenosis, and degenerative discs. The injection allows us to deliver medication directly to the painful area where irritated or injured nerves may be located. These nerves may be the source of pain, numbness, tingling and burning in the neck, shoulders, arms, and hands. The goal of the procedure is to reduce the swelling and inflammation on and around these nerves there-by promoting comfort and healing.